

## Lim Soon Jin

Caroline has been my personal trainer for over 4+ years. The results I have achieved are largely due to her perfect combination of balanced training methods, individualized exercise programs & challenging yet achievable goal setting. Her professionalism, extensive knowledge and enthusiastic commitment to her work and especially her clients are really what set her apart from others in the business and help her clients establish foundations for a healthier lifestyle!

Lim Soon Jin

Banker